

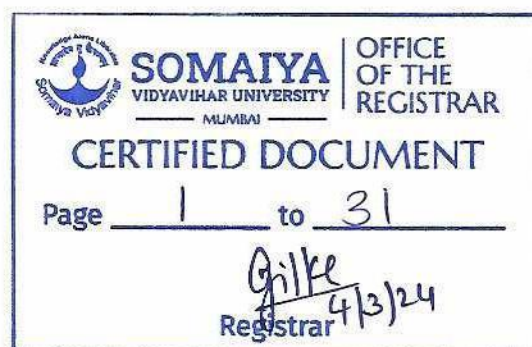
# CRITERION VII

## Institutional Values and Best Practices

### 7.2 Best Practices

**Best Practice 1: Activities done under “Community Engagement: “Going beyond the boundaries”**

**Programs- organised in academic year 2022-23**



## **Metric No: 7.2**

***Describe two Best practices successfully implemented by the Institution as per the NAAC format provided in the Manual.***

**Activities done under “Community Engagement: "Going beyond the boundaries”**

**Programs- organised in academic year 2022-23**

## Programs- organised in academic year 2022-23

### K J Somaiya College of Engineering

#### 1. Title of the Practice: Community Engagement: “Going Beyond Boundaries”

#### 2. Objectives of the Practice

- The main objectives of these processes are to establish systematic approach to imbibe the people skills through extension and community services beyond the boundaries of the academics.
- To teach the students about initiative and leadership qualities through group activities.
- To sow the seeds of social change in the young minds.
- To develop the value of empathy
- To create new perspectives on important social issue
- To help students to learn how to observe, analyze, interpret and face various situations in their everyday life
- Engaging the community with sustained campaign
- Involving the staff and students of the University to become a part of solutions to issues faced by the society

#### 3. The Context

- **Parvaah**, the esteemed social initiative of K. J. Somaiya College of Engineering (KJSCE), stands as a beacon of comprehensive societal betterment. Imbued with a mission that transcends boundaries, Parvaah ardently engages in diverse endeavors to uplift communities on multifaceted fronts.
- **Medical check-up** of faculty and staff: Health awareness programs are vital as they educate communities about disease prevention, healthy lifestyles, and early intervention. These programs empower individuals to make informed choices, reducing healthcare burdens and enhancing overall well-being. Through education and awareness, we can foster healthier societies and improve quality of life.

The Health Check Up drive included various different **checkups** like Blood pressure , Diabetes , Eye **checkup** , Diet Advice , BMI , Weight Loss/Gain , Joint Pain , Heart Disease and many more. **Ayurvedic** , Treatment/**checkup** was also included for everyone.



The Camp was conceptualised and conducted under the guidance of **Dr. Somaiya** (Ayurvedic Specialist).

- **Global day of climate action:** Raising climate change awareness is crucial to drive action, inspiring individuals to mitigate their carbon footprint, protect ecosystems, and advocate for sustainable policies, ensuring a habitable planet.
- **Orphanage visit:** It aims to foster empathy, provide emotional support, and create positive interactions for both visitors and children. These experiences promote social responsibility, understanding, and community engagement.



- **Plastic cleanup drive:** These activities significantly reduce environmental pollution, preserving ecosystems and wildlife. By removing plastic waste, these efforts promote cleaner surroundings, healthier oceans, and a more sustainable future for all.



- **Blind cricket match:** Blind cricket matches challenge perceptions by showcasing the skill, determination, and inclusivity of visually impaired athletes. These games promote equality, break barriers, and inspire a more diverse sports landscape.
- **Blood donation drive:** It save lives by ensuring a steady supply of blood for medical treatments and emergencies. Donors contribute to community well-being, demonstrating compassion and solidarity in times of need.



- **Eco run marathon:** Marathons promote teamwork, fitness, and a sense of purpose among employees. They enhance camaraderie, employee engagement, and public image while fostering a healthier workplace culture.

#### 4. The Practice

- **Health checkup drive:** Parvaah , Social initiative of K. J. Somaiya College of Engineering started its first event with a Health Check Up Camp at KJSCE campus in association with Unicare for faculty, staff and students on 20th September 2022 from 10.30 am to 4.30 pm in Aryabhata Building room no. 123. The Health Check Up drive included various different checkups like

Blood pressure, Diabetes, Eye checkup, Diet Advice, BMI, Weight Loss/Gain, Joint Pain, Heart Disease and many more. Ayurvedic Treatment/Checkup was also included for everyone.

- **Climate Action Rally:** It was organized by Parvaah at Veer Kotwal Udyan, Dadar, Mumbai, in association with Friday for Future on 24th September 2022. Everyone gathered at where everyone introduced themselves and instructions were given about the rally. The rally showing demonstrations in support of climate protection.
- **Orphanage visit:** Parvaah, Social initiative of K. J. Somaiya College of Engineering had organized, event named “Secret Santa” by KJSCE campus in association with Jeevan Samvardhan Foundation, Thane for orphan childrens on 5th January 2023 from 5:00 pm to 7:30 pm.
- **Plastic clean up drive:** Parvaah, Social initiative of KJSCE had organized, Plastic Cleanup Drive at Powai Vatika located near Powai Lake in Powai, Mumbai. This event was done with collaboration with Project Mumbai’s initiative named “JallosH 2023”. The event was started by a briefing given by officials of Project Mumbai about the importance of collecting plastic and recycling it.
- **Blind cricket:** Parvaah, Social initiative of KJSCE conducted a blind cricket competition in Skream 2023 (Intercollegiate sport’s event) with Blind cricket association of Mumbai on 24<sup>th</sup> February 2023. The Event was a remarkable initiative aimed at promoting inclusivity, breaking barriers, and celebrating the abilities of visually impaired individuals.



- **Blood donation drive:** On the 20th of April, 2023, as the Annual Blood Donation drive organized in room A-123 of KJSCE. This noble initiative

was a seamless collaboration between our institution and the eminent K. J. Somaiya Medical College and Research Centre, where the unwavering dedication of their medical professionals played a pivotal role in sculpting the success of this humanitarian endeavor.

- **Eco run:** On April 23<sup>rd</sup>, 2023, the Parvaah Ecorun 2023 Marathon unfurled its wings, emerging as a pulsating testament to our commitment towards environmental stewardship and sustainability. Nestled within the welcoming embrace of KJSCE, this event radiated excitement and anticipation, igniting a flame of consciousness for the conservation of our precious planet.



## 5. Evidence of Success

- **Health checkup drive:** More than 120 attendees who visited felt great after the checkup and got to know more about Ayurveda treatment.
- **Global day of climate change:** Climate day of action generates heightened awareness, spurs global conversations, encourages sustainable practices, and urges policy changes. It galvanizes collective efforts to address climate challenges and safeguard our planet's future.
- **Orphanage visit:** The institute had around 25 orphan girls. The event started with them introducing themselves and what they wanted to become after they grew up. Girls were also taught the safety and security precautions for girls and also the importance of education in their life.
- **Plastic cleanup drive:** Plastic cleanup drive lead to cleaner environments, reduced harm to wildlife, and increased public awareness about plastic pollution. They inspire sustainable habits and advocate for lasting change.

- **Blind cricket:** The event facilitated interactions between the visually impaired players, volunteers, and the audience, encouraging a sense of community and understanding. Participants and spectators had the opportunity to learn about the experiences and challenges faced by visually impaired individuals, fostering empathy and appreciation.
- **Blood donation drive:** Total 51 participants stepped forward as blood donors.
- **Eco run:** More than 100 individuals graced this event including seasoned runners, novice athletes, fitness aficionados, and eco-conscious souls. The event's participants had spanning from 10 to 70 years, thus embracing the richness of generations in its fold.

#### 6. Problems Encountered and Resources Required

- **Medical check-up** of faculty and staff: Activity was targeted for creating health awareness. Such health awareness drives should be created more frequently, so as to enhance the participation.
- **Climate Action Rally:** It was difficult to address some of the queries raised by rally visitors within the span of time. Hence more volunteers may be allotted for such an event in the future.
- **Orphanage visit:** It was difficult to address some of the queries raised by orphans during the visit within the span of time as everyone's requirements were different. Hence more volunteers supported by staff may be allotted for such an event in the future.
- **Plastic cleanup drive:** Difficulty was segregating compostable and non-compostable waste and segregating plastic according to its type for sending to a recycling station.
- **Blood donation drive:** Could have been more responses from blood donors, but the publicity team was divided due to the close proximity of major events.



## K J Somaiya Institute of Management

### 1. Blood Donation Drive:



1. **Objective:** The objective of organizing this initiative was to ensure goodwill practices and uplift the Samaritan in students by donating blood
2. **Context:** Somaiya Hospital looks forward to collaborating with K J SIM in order to motivate students to contribute to useful practices.
3. **Practices:** The Blood Donation Drive, a joint effort by the Student Council, Somaiya Hospital, and HDFC Bank, concluded successfully with 80 registered donors. Unfortunately, 19 donors were unable to donate due to low haemoglobin levels. This event not only showcased the community's willingness to contribute but also highlighted the importance of regular health check-ups. The collaboration between the institutions ensured a smooth and efficient process, emphasizing the significance of partnerships in promoting health initiatives. Despite the rejections, the drive's overall success underscored the collective commitment to supporting blood donation efforts and contributing to the well-being of those in need.
4. **Problems/Resources:** NA

## 2. Beach Cleaning



1. **Objective:** To spread awareness and cleanliness of waterbodies and beaches.
2. **Context:** Melange CSR is a corporate social responsibility event which takes place in the run-up to Melange
3. **Practices:** Culminating the vibrancy of the Melange CSR Week, the institute collaborated with the esteemed NGO Beach Please for the impactful "Wave in a Change" on November 2nd, 2022. Cementing the institute's steadfast commitment to environmental stewardship, this symbolic partnership took us to the banks of the Mithi River for a meticulous beach cleaning drive. Participants congregated for this transformative endeavour, exemplifying a collective dedication to the preservation of our natural surroundings and fervent advocacy for cleaner, greener spaces. "Wave in a Change" was not merely a cleaning drive; it was a dynamic catalyst, generating positive ripple effects by directly addressing immediate environmental concerns. Beyond the tangible impact of the cleaning activity, it nurtured a profound sense of community responsibility and instilled a long-term commitment to sustainability and environmental well-being. The reverberations of "Wave in a Change" extended far beyond the immediate locale, leaving an indelible mark on participants, the institute, and the local community. The CSR Week at K J Somaiya Institute of Management was a testament to Team Melange's unwavering dedication to societal welfare. It not only sowed the seeds of responsibility and empathy within its members but also sparked a cascading wave of positive influence throughout the community. Through a diverse array of impactful initiatives, the institute showcased the transformative power of collective efforts in sculpting a more sustainable and enhanced world

#### 4. Problems/Resources: NA

**S K Somaiya College**

**Best Practice-1: Community Engagement: “Going Beyond the Boundaries”**

#### 1. Title of the Practice

- . Visit to Old Age Home
- A. Blood Donation Drive:
- B. Cloth Donation Drive:
- C. Beach Cleaning Drive:

#### 2. Objectives of the Practice:

- To nurture active citizenship and empower learners to be advocates for community issues, contributing to a more participatory and democratic society.
- To empower learners to recognize and respond to societal challenges actively, providing practical assistance and support.
- To foster self-awareness, critical thinking, and a deeper appreciation for the impact of their actions, leading to continuous personal growth and improvement.

#### 3. The Context

Students are presented with various opportunities to actively participate in creating positive impact for the society. Through various activities they are made to understand and reflect on the needs and problems of the society. As they step outside the confines of the campus, students will discover a world of possibilities, making a difference not only in their academic pursuits but also in the lives of those they touch through their actions and compassion.

#### 4. The Practice

Activities conducted by SKSC to implement this best practice in the Academic Year 2022-2023 are listed below:

. **Visit to Old Age Home: Visit to Old Age Home:** Learners visited an Old Age Home at Gargi Vrudadhram on 19th Jan 2023, Dombivli. During the visit, the students spent their time with the elderly people, listening to their stories, and sharing their own experiences with them. ing Him Alone. Overall The Visit to the old age home was a rewarding experience that offered a chance to know insights into how reality and people's lives can often be and make a positive impact on the lives of elderly people in need.



**B. Blood Donation Drive:**

S. K. Somaiya College, Vidyavihar in collaboration with Somaiya Hospital has arranged Blood awareness cum donation drive on 13th September. 2022, 9.30 till 3.00 PM in the Aurobindo Lobby. Total 81 donors donated blood voluntarily and many could not donate it due to not fulfilling medical requirements. Students were very enthusiastic for the event and for donation as they were getting an opportunity after Covid period to contribute to society. Students were getting information about their physical measurements and they were

happy to know their blood groups and various composition body chemicals. After donation students were served with Coffee and Biscuits in order to avoid any fatigue or body imbalances.



### C. Cloth Donation Drive:

A cloth donation drive was organized on 26th Jan 2023. They collected clothes for donation from all over the campus and distributed them in the areas of Dharavi, Don Bosco Shelter Home and Leprosy Hospital in Wadala. Their first stoppage was the road to Dharavi region, where we distributed clothes to the local pavement dwellers and then they marched towards The Byramji Jijibhoy Home where we distributed the clothes among little children. They were dancing to the tunes of “Yeh mera India” and it took our hearts. Their next stop was the Don Bosco Shelter home for kids. We met children that used to be homeless. The shelter gave them a chance to make their lives better. We added to their happiness by distributing clothes to them. Next, they went to the Leprosy hospital in Wadala east. It is the only facility for leprosy treatment in Mumbai. They visited the whole campus and distributed clothes to the patients.



**D. Beach Cleaning Drive:**

On 29th January 2023, Bioscope team went to Dadar Chowpatty for a beach cleaning drive. They successfully cleaned the beach and collected around 30 bags of garbage. The never-ending garbage in the water kept depositing at the shore. The various idols of gods that we found deserted at the shore just forced us to think how water pollution has gotten so normalized in our society.



- Learners from S. K. Somaiya College, Vidyavihar in collaboration with Somaiya Hospital has arranged Blood awareness cum donation drive. Total 81 donors donated blood voluntarily.
- Learners visited Dadar Chowpatty for a beach cleaning drive. They successfully cleaned the beach and collected around 30 bags of garbage.

## 5. Evidence of Success

Learners were able to understand the responsibility towards the environment & how they can contribute to conservation of the same by participating in beach cleaning. Through blood donation camp learners were able to select a suitable donor whose blood will be safe to the recipient and who himself shall not in any way be harmed by blood donation and thereby raise awareness of the necessity of safe transfusion of blood and its components. Old age home visit enabled them to gain an Insight into their Life and Living conditions and also support the Elderly, Emotionally, And Monetarily by providing them with Consumable Goods.

## 6. Problems Encountered and Resources Required

Getting approvals from the various authorities, handling logistics and transportation and ensuring safety of all the participants were some of the challenges encountered

which were successfully managed. Safety kits, equipment and transportation were required to conduct all these activities.

## **K J Somaiya College of Education**

### **1. Title of the Practice**

Education	Passport to Future by ASBB
Animal Welfare	Aniruddha Animal Welfare
Environment	Tree Plantation by ASBB Beach Cleaning by Afroz Shah Foundation Pasti by AYSB iNaturalist by World Wide Fund for Nature-India
Health and Safety	Blood Donation Camps by ASBB Sustainable Hygiene

### **2. Objectives of the Practice**

#### **Education:**

##### **ASBB- Passport to the Future:**

The "Passport to Future" initiative by the ASBB Trust aims to provide a holistic education for underprivileged children, transcending traditional classroom boundaries. It ignites a passion for learning through interactive methods, fostering critical thinking and curiosity. The primary goal is to facilitate personal development by nurturing cognitive, emotional, social, and creative skills. Equal educational opportunities are extended to bridge the gap in educational accessibility, empowering children to overcome challenges. The initiative emphasizes sustained support, engaging students in diverse activities for comprehensive learning and community involvement.

#### **Animal Welfare:**

'Aniruddha's Animal Care and Rescue' stands as a beacon of compassion, dedicated to the welfare of voiceless creatures. With a focus on dog adoption, the organization conducts yearly vaccination drives in collaboration with professional veterinarians, ensuring the health and well-being of stray dogs. Their commitment extends to rescuing abandoned dogs and providing them shelter, followed by the essential sterilization process to control the stray dog



population. Facilitating the adoption and rehoming of these dogs remains a core objective. The organization's dedication is fueled by a supportive family, enabling them to make a profound impact in the realm of animal care and protection.

## **Environment**

### **Beach Clean-up: Versova Beach, Restoration of Sanjay Gandhi National Park, Restoration of Mithi River at Filter Pada.**

The Afrozshah Foundation's objectives encompass environmental conservation and community empowerment. They initiate beach cleaning drives and river restoration projects to raise awareness about waste management and sustainable practices. Their vision extends to restoring the Mithi River's ecosystem and collaborating with the Sanjay Gandhi National Park for biodiversity conservation. Students' active engagement reflects a dedication to positive change and experiential learning, showcasing the transformative potential of collective efforts.

### **ASBB: Tree Plantation Drive**

Expanding their sphere of influence, this year the ASBB Trust embarked on a tree plantation drive in Palghar, Maharashtra. By branching out to Palghar, the Trust underscores its commitment to nurturing environmental awareness and fostering ecological responsibility within diverse communities. This extension of their tree plantation drive echoes their resolute commitment to effect positive change across various regions and contribute to a greener and healthier planet.

### **AYSB: Pasti**

The Arham Yuva Sena Group is a proactive initiative dedicated to preserving the environment through responsible waste management. By collecting newspapers separately, they prevent them from getting mixed with wet waste, ensuring efficient recycling. This approach not only prevents valuable resources from being wasted but also minimizes environmental harm caused by improper disposal. Their efforts contribute significantly to reducing the strain on landfills and conserving precious natural resources. Through their actions, the Arham Yuva Sena Group exemplifies the positive impact that small, community-driven actions can have on safeguarding our environment.

### **WWF- iNaturalist : Photography**

Incorporating technology into their community involvement, students harnessed the iNaturalist app to contribute to biodiversity documentation. Engaging in surveys, they identified indigenous flora and fauna, enriching the global iNaturalist community. This dual achievement not only advanced their ecological proficiency but also nurtured a more profound bond with the natural world.

### **Health: Blood Donation Camps and Sustainable Hygiene.**

The objectives of organizing blood donation camps include raising awareness among students about the significance of blood donation for medical emergencies. These camps aim to instill values of empathy, social responsibility, and community service in students. By participating in such camps, students can learn about the healthcare system, the process of blood donation, and the positive impact it has on society. Furthermore, these events provide an opportunity for students to engage with the local community and establish a sense of connection and contribution.

We conduct awareness on sustainable menstruation practices. By distributing free silicone menstrual cups, we provide women with a sustainable and environmentally friendly alternative. These reusable cups significantly reduce waste compared to conventional disposable products, demonstrating the organization's commitment to holistic well-being and eco-conscious choices.

### **3. The Context**

- The "Passport to Future" initiative bridges educational inequalities, promoting holistic growth and critical thinking. However, limited resources and access pose challenges to ensuring equal opportunities for underprivileged children.
- In animal welfare, 'Aniruddha's Animal Care and Rescue' addresses the plight of abandoned animals, yet overpopulation and resource constraints persist as obstacles.
- Environmental efforts encompass beach cleanups, river restorations, and tree planting. Pollution awareness is heightened, but systemic change requires consistent community involvement and policy support.
- Blood donation camps enhance healthcare awareness, yet misconceptions and logistical hurdles hinder full participation.

- Sustainable menstruation initiatives tackle hygiene and waste issues, but cultural taboos and accessibility barriers necessitate sensitization.
- The Arham Yuva Sena Group addresses recycling, yet behavior change and infrastructural gaps challenge waste management.
- The practice involves integrating technology, specifically the iNaturalist app, into their coursework to engage in biodiversity documentation. This approach aligns with experiential learning and emphasizes the importance of both technological tools and hands-on fieldwork in ecological studies.
- These initiatives embody commitment, but surmounting challenges mandate persistent collaboration, education, and policy advocacy to create lasting, positive impact.

#### **4. The Practice**

The "Passport to Future" initiative by the ASBB Trust stands out for its holistic educational approach. While conventional education often focuses solely on academic subjects, this initiative goes beyond, nurturing critical thinking, emotional intelligence, and creativity. Engagement in interactive activities enables underprivileged children to explore learning in innovative ways, enhancing their overall personal growth. The emphasis on bridging educational inequalities highlights its uniqueness, as it strives to provide equal opportunities and empower marginalized children, ultimately shaping future generations with a more balanced skill set.

'Aniruddha's Animal Care and Rescue showcases the human-animal bond. While animal welfare initiatives are not uncommon, this organization's dedication to dog adoption, vaccination, and sterilization reflects a comprehensive approach. The collaboration with veterinarians and the emphasis on responsible pet care stand as distinctive features. The organization's familial support is a unique aspect that fuels their commitment, emphasizing the human connection in animal welfare efforts.

The Afrozshah Foundation's environmental initiatives signify a collective effort for a greener planet. Their beach cleanups, river restorations, and collaboration with national parks display a multi-tiered approach to environmental conservation. The use of sustainable menstruation products adds a layer of inclusivity and awareness about eco-friendly choices. The unique aspect is the active involvement of students, instilling a sense of responsibility for the

environment from an early age, which is particularly significant given India's population and ecological challenges.

The ASBB Trust's tree plantation drive in Palghar, Maharashtra, stands out as an extension of its commitment to environmental responsibility. By expanding to new regions, they exemplify their adaptability and dedication to spreading awareness across diverse communities, marking their practice's uniqueness.

The Arham Yuva Sena Group's paper collection and recycling practice showcases a community-driven approach to waste management. While larger waste management systems exist, their focus on small-scale actions sets them apart. The familial support that enables their actions underscores the role of interpersonal relationships in driving positive change.

iNaturalist uniquely blends technology, ecology, and community engagement. Students contribute to global biodiversity data via iNaturalist, fostering nature connection, environmental awareness, and hands-on learning.

## **5. Evidence of Success**

The "Passport to Future" initiative by the ASBB Trust has successfully enriched the educational landscape for underprivileged children. The engagement of students in interactive learning methods, critical thinking exercises, and diverse activities has resulted in enhanced personal development and a passion for learning. The sustained support provided by the initiative has led to improved cognitive, emotional, social, and creative skills among the participating children. The emphasis on equal educational opportunities has bridged the gap in educational accessibility, empowering children to overcome challenges. The Trust's efforts have fostered a sense of community involvement and holistic growth among students.

'Aniruddha's Animal Care and Rescue' has made significant strides in animal welfare. The yearly vaccination drives in collaboration with professional veterinarians have ensured the health and well-being of stray dogs. The organization's commitment to rescuing abandoned dogs, providing shelter, and sterilizing them has contributed to controlling the stray dog population. The facilitation of adoption and rehoming has led to improved living conditions

for these animals. The organization's impact is evident in the improved health and overall well-being of the rescued dogs, showcasing their dedication to animal care and protection.

The Afrozshah Foundation's environmental conservation initiatives have yielded positive results as well. The beach cleaning drives, river restoration projects, and collaboration with the Sanjay Gandhi National Park have raised awareness about waste management and sustainable practices. The restoration of the Mithi River's ecosystem and the distribution of eco-friendly menstrual cups showcase their commitment to holistic environmental well-being. The active engagement of students in these initiatives demonstrates their dedication to positive change and experiential learning. The impact of these efforts is reflected in cleaner beaches, improved river ecosystems, and heightened awareness about sustainable practices.



Students at Filter Pada-Segregating plastic to recycle- Afroz shah Foundation



Students selling Plastic free Groceries-Afroz Shah Foundation

The tree plantation drive by the ASBB Trust in Palghar, Maharashtra, has contributed to nurturing environmental awareness and fostering ecological responsibility within diverse communities. The success of this initiative is evident in the increased green cover and the promotion of environmental consciousness among the local population.

iNaturalist App pictures were taken by students of KJSCED.

The Arham Yuva Sena Group's newspaper collection and recycling practice has led to efficient waste management and reduced strain on landfills. The separation of newspapers from wet waste has prevented environmental harm and resource wastage. The positive impact of their actions is visible in the reduction of waste accumulation and the conservation of natural resources.

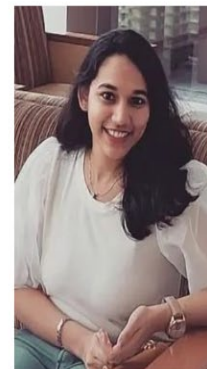
The success of blood donation camps lies in raising awareness about the significance of blood donation for medical emergencies among students. The participation of students in these camps showcases their values of empathy, social responsibility, and community service. Engagement with the local community establishes a sense of connection and contribution among students.




## 6. Problems Encountered and Resources Required

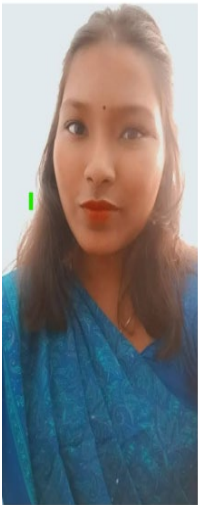
- For education, ensuring equitable access requires overcoming infrastructure gaps and specialized training for interactive teaching.
- Animal welfare efforts face financial constraints for veterinary care, shelter upkeep, and community cooperation.
- Environmental initiatives tackle volunteer mobilization, waste disposal, and sustainable upkeep hurdles. Tree planting needs funds, community support, and suitable sites. Newspaper collection demands infrastructure, awareness campaigns, and waste management partnerships.
- Blood donation and hygiene practices necessitate medical support, awareness, and accessible products. Resource demands include funding, community engagement, collaborations, and education.
- Constraints for iNaturalist work include limited access to smartphones or technology, potential inaccuracies in species identification, varying levels of ecological knowledge among students, time constraints for fieldwork, and logistical challenges in coordinating community involvement and data submission.

## 7. Testimonials and Experiences from Students (Now members of ASBB)

### Alumni Testimonials

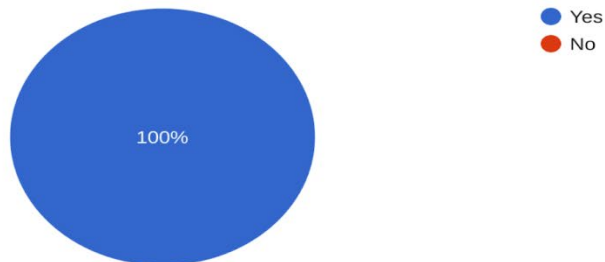


<p>Kunjan Gajra</p> 	<p>Designation: Asst Teacher at Gopal Sharma International School</p>	<p>“Joining Asbb NGO was an amazing opportunity for personal growth and making a positive impact. It allowed me to contribute to causes I’m passionate about and help those in need. I got a chance to learn, connect with like-minded individuals, and create meaningful change. I hope your experience with this NGO is fulfilling and inspiring! ”</p>
<p>Vrushti Shah</p> 	<p>Designation: Educator at J.B.C.N International School</p>	<p>“Being part of the ASBB organization has allowed me to make a meaningful impact, connect with like-minded individuals and contribute to the causes I deeply care about. It's heartening to see the collective efforts leading to a positive change in our community. ”</p>
 <p>Smit Parikh</p>	<p>Designation: Math faculty at Podar International School, CBSE (Powai)</p>	<p>“I guess it was one of the best decisions to join ASBB as I had never been a member of any NGO and it was my first step towards community work. I actually came to know the true meaning of community work via ASBB. I am really thankful to K J Somaiya College of Education that I got to be a part of such a wonderful NGO through them!! ”</p>

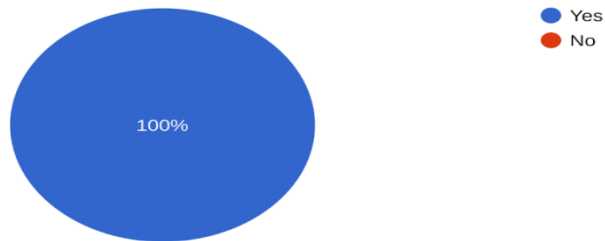
 Sushmita Verma	Designation: PRT Teacher (New Horizon scholar Rodas school, Thane)	“I feel that this organization is really working a lot for such needy persons, and I would really like to appreciate them a lot. I also like to help such people. I must say that NGOs are doing a great job and making a difference in thousands of poor students who were not able to get into the faculties. “
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### Feed Back Form

Is the Orientation for Community Work Given  
26 responses

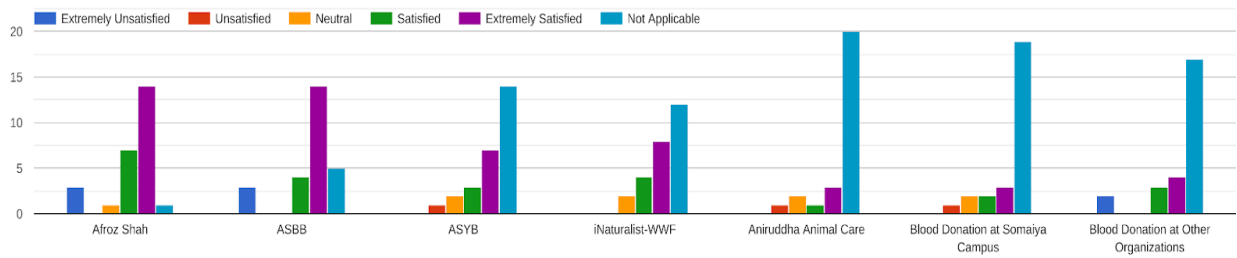


Were you given chance to choose your own choice of organisation  
26 responses





Rate your experience with the organization. Please check Not Applicable if You were not associated.



Community work has had a profound impact on their personal growth, social awareness, and environmental consciousness.

Community work, often characterized by volunteering, collaborating, and engaging with local initiatives, holds immense value in shaping an individual's character and outlook on life. The positive sentiment expressed by participants underscores the meaningfulness and transformative nature of such experiences.

One common sentiment expressed is the profound sense of fulfillment and satisfaction derived from engaging in community work. Participants consistently mention how these endeavors provide them with an opportunity to give back to society and contribute positively to their surroundings. This sense of fulfillment stems from the realization that their efforts, no matter how small, can have a tangible impact on the lives of others. As they engage in activities like tree planting, educating underprivileged children, and beach cleaning, they feel a deep connection to the community and the environment.

Another sentiment that emerges strongly is the acquisition of new knowledge and skills. Community work serves as a platform for learning and growth, enabling individuals to apply theoretical knowledge to practical situations. The testimonials highlight how participants have developed communication skills, team management abilities, time management, and an understanding of human resources through their engagement. This suggests that community work not only benefits the recipients of their efforts but also enriches the volunteers themselves by equipping them with valuable life skills.

The sentiment of heightened social consciousness and environmental awareness is also prominent. Volunteers express their commitment to sustainability, waste segregation,


reduction of single-use plastics, and adopting eco-friendly practices. These sentiments reflect a growing awareness of global environmental issues and the need for collective action to address them.

Furthermore, many testimonials mention the sense of camaraderie and teamwork fostered through community work. Collaborating with others to achieve a common goal cultivates a sense of unity and shared purpose. This sentiment underscores the power of collective effort in driving positive change within communities.

A significant sentiment observed is the impact on personal values and perspectives. Community work prompts participants to reflect on their roles as responsible citizens and the importance of empathy and compassion. The positive experiences they share highlight the profound impact that community work can have on shaping moral values and fostering a sense of social responsibility.

#### **K J Somaiya Institute of Dharma Studies**

<b>Title of the Event</b>	Jetavan – Outreach Programme
<b>Type of the Event (Webinar/ Seminar / Conference /FDP / Workshop /Training / Guest Lecture)</b>	<b>Community Engagement (Giving back to the society)</b>
<b>Level of Organization</b>	<b>State</b>
<b>Collaborators if any</b>	Venerable Dhammadipa, a Buddhist monk and Godavari Biorefineries Ltd.
<b>Date of the event</b>	29th January 2023
<b>Venue</b>	Jetavan, Sakarwadi
<b>Name of the Resource Person \ Guest</b>	Budha Vihar Samanvay Samiti
<b>Objective of the Event</b>	Jetavan was created with the sense of social responsibility. The place where Jetavan is built is the rural region of Ahmednagar district of Maharashtra. From last six years, we are successfully conducting various activities at

	<p>Jetavan which have helped local communities in many ways.</p>
<p><b>Report</b></p>	<p><b>The Practice</b> – Jetavan is an outreach programme of KJSIDS located near Shirdi. Jetavan is the space for non-sectarian spiritual practice and wellness. We conduct several activities at Jetavan where academicians engage with social communities. Following activities are conducted at Jetavan – Yoga, Pranayama and meditation sessions, interaction sessions on social and religious topics, workshops, retreats, helping local communities by giving them various earning opportunities using their skills, etc. Jetavan is constructed with a unique architectural design and with environment-friendly material. This place is made available to all the institutes under Somaiya Vidyavihar. Some institutes use this place for residential programmes, such as faculty training, workshops, discussions, etc.</p> <p><b>Event - 1</b>        तथागत भगवान बुद्धांची वचने व त्यांची शिकवण आणि जेतवन मध्ये दोन दिवसीय व्याख्यान        Study and Meditation Retreat: Students of M.A Pali and M.A. Buddhist Studies        (students visited the outreach centre Jetavan for a two-day intensive study and meditation retreat)</p> <p><b>Event 2 -</b>        On Sunday 29th January 2023, a small function was organized at Jetavan to mark successful completion of one year of Sunday Dhamma School. The Sunday Dhamma School is an initiative started with the help of our students. Children from the age of 5 to 18 years come on Sundays for some mindfulness of breath, some stories and then some games and treats. The Budha Vihar Samanvay Samiti, who were facilitating a team from Nashik, visited Jetavan with the whole team. They had trained our volunteers and implemented an unbroken 52-week Sunday programme that brought children together for chanting and meditation, some story telling, and some games and fun.</p>
<p><b>Expected Outcome</b></p>	<p>From last six years, we are successfully conducting various activities at Jetavan which have helped local communities in many ways.</p>
<p><b>Documents Attached</b></p>	



## Maya Somaiya School of Music and Performing Arts

### 1. Title of the Practice: Mukta Sangeet Manch

### 2. Objectives of the practice:

- To nurture love -peace in the society through music.
- To empower learners with skills to sing, play harmonium, to channelize their creative energy in music.
- To foster self-awareness, and a deeper appreciation of environment and inter personal relations leading to continuous personal growth and improvement.

- To give platform to freely explore and express your talent in music, be it vocal or instrumental, classical, or semi-classical, cine-bhajan-sufi-ghazal, Tabla or Harmonium.
- To develop *Kansens* (an audience receptive to Indian Classical Music), who may not have skills to sing or play instrument.

### 3. The Context:

- Students are presented with various opportunities to actively participate in creating positive impact for the society. Through various activities they are made to reflect on self-growth and compassion.
- Mukta sangeet Manch allows Students and general public to express their musical talent. It opens up students and allows them to deal with so called “Stage Fright “. This is an activity to allow to follow their passion and talents, thereby reducing the stress levels, blood pressure, building a healthy culture to mix with people . The limitations is only the time is college hours in the week. Reaching out to people from their homes is another challenge.

### 4. The Practice:

- The first and the Inaugural Event of Mukta Sangeet Manch was held on Wednesday, 19<sup>th</sup> April 2023 at 3.00 pm. and was inaugurated by Hon’ble Vice Chancellor, Prof. Dr. Rajashekharan Pillai with Performance by Dr. Meeta Pandit and Dr.Rahul Prakash.  
Accompanying Artists: Shri Rupak Pawar -Tabla, Shri Sagar Gore- Harmonium Dr. Rudraksha Sakrikar -Sarangi
- Another Mukta Sangeet Manch activity was held with performance by Dr Jitendra Pendharkar on Dilruba and Sagar Gore played the Harmonium.
- Mukta Sangeet Manch activity was held with performance by the Students of Summer School 2023.
- Mukta Sangeet Manch was held with performance by Rupak Pawar and singing by Smt Suneeta Gangarade.

**5. Evidence of Success:** The evidence of success is the fact that we receive regular entries for request for performance. Also the entry is free to all .

5. **Problems encountered and resources required:** The resources that were used were the Musical instruments are required like Tanpura, Tabla, Harmonium. As of now the existing and available resources were effectively utilised.







Maya Somaiya School of Music & Performing Arts  
 Cordially Invites you to  
**Mukt Sangeet Manch**

Give Wings to your Music Creativity Come and Express your Music Talent

Mukt Sangeet Manch is an activity of Somaiya Music Circle to give a platform to freely explore and express your talent in music, be it vocal or instrumental, classical or semi-classical, cine-bhajan-sufi-ghazal, Tabla or Harmonium. Also, you may just come and listen to various performances being presented and get inspired. Our faculty will guide, if you wish to develop your music skills.

The Inaugural Event of Mukt Sangeet Manch will be held on Wednesday, 19<sup>th</sup> April, 2023 at 03:00 pm and will be inaugurated by Hon'ble Vice-chancellor, Prof Dr Rajashekharan Pillai.

Programme



Dr Rahul Prakash  
 Hindustani Classical Vocal



Dr Meeta Pandit  
 Hindustani Classical Vocal

Accompanying Artists

Shri Rupak Pawar - Tabla | Shri Sagar Gore - Harmonium

Guidelines and Rules:

Although this is an open and free "Sangeet Manch," planning of events is necessary to ensure minimum quality of performance and an opportunity to all.

- All who wish to perform must submit the following information: Name and address; Performance details: Vocal - Genre: Classical/Semi-Classical, Light, Devotional, etc.; Instrumental - Name of the Instrument
- Time needed for presentation
- A brief bio-profile and a recording will have to be submitted at least 10 days in advance by an email to: [meeta.pandit@somaiya.edu](mailto:meeta.pandit@somaiya.edu) | [rahul.prakash@somaiya.edu](mailto:rahul.prakash@somaiya.edu)
- Decision of the Controlling Committee will be final

Maya Somaiya School of Music & Performing Arts  
 Opp S K Somaiya Vinay Mandir,  
 SVU Campus, Vidyavihar

Every Wednesday  
 03:00 pm to 04:00 pm

Entry Free for All